Solid Ground
Mental Health

"Mental Health Care Done Right"

NEWSLETTER – SEPTEMBER 2026

WHAT HAVE YOU BEEN WORKING ON THIS SUMMER?

Since our last newsletter in July, we have continued to fundraise and hit our first fundraising target. This allowed us to successfully complete Phase II of our initiative, which was the funding of a legal opinion. We were able to provide sufficient funds to our lawyers for them to review hundreds of documents (that we organized and provided to them!), consult case-law, and provide us with a legal opinion on a number of matters related to CPBAO governance and the modernization proposal.

We also held a virtual meeting in August, which was prioritized for donors, to have people meet the Board of Directors of SGMH, hear the updates that we are providing here, and answer questions. We have also recently created an Instagram account and are preparing an update to our website.

LEGAL UPDATE

We cannot share a great deal of information as it is protected by solicitor-client privilege, and solicitor-client privilege can be lost if protected information is shared publicly.

We continue to work with Conway Litigation to explore solutions to both the proposed changes and their impact on our profession. We also continue to await the decision of the MOH on the proposed changes so we know whether recourse to the courts may be necessary. While we wait for that decision, we are consulting about a range of concerns, including the governance of the CPBAO. **Our legal team has identified a strategic pathway for addressing governance and other issues that merits further exploration. They are currently conducting research in this area, which will require additional resources.**

WHAT IS THE NEXT STEP?

We are now in Phase III - following our attorney-guided next steps. This will involve our lawyers conducting more in-depth research on specific issues within the domain of CPBAO governance, policies and procedures, and preparing for specific legal initiatives based on this research.

DO YOU NEED MORE DONATIONS?

YES! While we have received lots of support to successfully fund Phase I and II, Phase III is estimated to cost approximately $15,000. We need your support now more than ever!

SHOULDN'T WE WAIT FOR THE MOH DECISION BEFORE DOING ANYTHING ELSE?

NO! If the MOH approves the changes the window for legal action is very small, and it will be impossible to fundraise, research, and launch legal initiatives at that stage. All the work we are doing now is also helping to prepare for that point. If the MOH does not approve the changes, it is our opinion that there are still significant regulatory and procedural issues within the CPBAO that need to be addressed that can affect future governance/decision-making regardless of the MOH decision, as these are part of what paved the way for the modernization proposal as it currently stands.